



## Instructions for PE Subject leader

Here is the best way to manage the process to get the most out of TSC TryAthlon™ for your school:

- Print out a **HOW TO\*** sheet for all class teachers and group leaders and explain that the tokens are in a jar in the PE cupboard.
- Each group leader records their groups score and gives it to you every week.
- You add their weekly totals to the **SCORESHEET\*** spreadsheet.
- Print this out and display it in the hall next to your **TSC TryAthlon™** poster.
- Send out a tweet on your official school twitter account with your schools aggregate score – don't forget to add the hashtag #tsctryathlon – and let people know as you arrive at the venues.

**Good luck and enjoy the journey!**

*Nick Powell*

Managing director, TSC Sports and Dance Coaching.